The 23 Informer

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Need to talk someone?
Toll Free 24-Hour Hotline 1-866-851-8459



The essence of growth is the willingness to change for the better and an unremitting willingness to shoulder whatever responsibility this entails.

As Bill Sees It, P.115

Happy Fall Y'all!

Sometimes when I become willing to do what I should have been doing all along, I want praise and recognition. I don't realize that the more I am willing to act differently, the more exciting my life is. The more I am willing to help others the more rewards I receive. That's what practicing the principles means to me. Fun and benefits for me are the willingness to do the actions, not to get the immediate results. Being a little kinder, a little slower to anger, a little more loving, makes my life better-day by day. Daily Reflections, p. 109.

This reading hit my heartstrings! I couldn't have said it better! Please, please, step up and take responsibility in whatever position you take, be it in your homegroup, the district, or a special committee! Believe me, you will learn so much and become a better person for it. As they say "Suit up and show up!"

In love and service, Marcia W., DCM

Upcoming events:

- District 28 Workshop: on zoom, #s available on Area 60 website
- Circleville Saturday Night Anniversary, October 9th, 7 PM
- Area 60 meeting: October 17th, 9 AM Workshop, In person and zoom.



The 12 Spiritual Principles/ Virtues of AA

Bill W. considered each step to be a spiritual principle. In the 12 & 12, he outlined the spiritual principles behind each step.

Honesty- fairness and straightforwardness of conduct

Step 1. We admitted that we were powerless over alcohol – that our lives had become unmanageable.

Hope- a feeling of expectation and desire for a certain things to happen

Step 2. Came to believe that a power greater than ourselves could restore us to sanity.

Faith- trust or confidence in someone or something

Step 3. Made a decision to turn our will and our lives over to the care of God as we understood him.

Courage- the ability to do something that frightens one.

Step 4. Made a searching and fearless moral inventory of ourselves.

Integrity- the quality of being honest and having strong moral principles; moral uprightness.

Step 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Willingness- readiness, desire, inclination or preparedness.

Step 6. Were entirely ready to have God remove all these defects of character.

Humility-a modest or low view of one's own importance; Freedom from arrogance.

Step 7. Humbly asked Him to remove our shortcomings.

Brotherly Love- feelings of humanity and compassion toward one's fellows.

Step 8. Made a list of all persons we had harmed and became willing to make amends to them all.

Discipline-To mold or perfect the mental faculties or moral character; to bring under control; to train or develop by instruction.

Step 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

Perseverance- Steadfast despite opposition or adversity; able or willing to bear; to persist in an understanding in spite of counter influences.

Step 10. Continued to take personal inventory and when we were wrong promptly admitted it.

Awareness-Having or showing understanding or knowledge: consciousness.

Step 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of his will for us and the power to carry that out.

Service- A helpful act; contribution to the welfare of others; useful labor that does not produce a tangible commodity

Step 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, especially alcoholics and to practice these principles in all our affairs.

In Service,



DISTRICT ANNOUNCEMENTS

- Training new volunteers to take meetings into
 Westmoreland County Prison is scheduled for October 30th at 9am. Interested? Contact Chuck H. at 724-331-8631.
- "Wally P" has been removed from the meeting title for Wednesday nights and is now titled "Back to Basics"
- As a reminder, upcoming events are listed under the Letter from Our DCM page!!
- If you'd like to be of service, send in an article or writing based on your AA journey to editor@aa-swpa-dist23.org

Alcoholics Anonymous PA Area 60, District 23 PO Box 1698 Greensburg, PA 15601

www.aa-swestpa-dist23.org

24 Hour Hotline (866) 851-8459

Current Live Meeting List as of 9/2021

Sunday

10:30am

Sunday Serenity Open Discussion Sage's Army 6044 Lincoln Highway, Suite 400, Greensburg

7:00pm

Scottdale Sunday Night Chair Choice/Open Speaker Last Sunday of Month Calvin United Church 311 Mulberry St, Scottdale

7:30pm

Greensburg Sunday Night 12&12 Church of the Brethren 554 Stanton St, Greensburg

Monday

12:00pm

Reading for Recovery Greensburg Noon Open Discussion YWCA 424 N. Main St. Greensburg

7:30pm

Monday Night Under the Bridge Open Discussion Presbyterian Church 108 W 3rd St. Derry

7:30pm

Big Book Study Open Discussion Church of the Brethren 554 Stanton St. Greensburg

7:30pm

Monday Night Rector Open Discusion St. Michael's of the Valley 2533 Rt 381 Rector

Tuesday

≥∠:00pm

New Florence Nooner Group Open Discussion-Beginner New Florence Methodist Church 196 9th St. New Florence

6:00pm

Dinner with Bill as Bill Sees It Open Discussion Norwin Christian Church 9610 Barnes Lake Rd. North Huntington

7:30pm

Tuesday Beginners Group Beginner/Open Speaker Last Tue of Month, First Presbyterian Church, 300 S. Main St. Greensburg

Wednesday

12:00pm

Greensburg Wednesday Noon Discussion Open Discussion/Open Speaker 2nd Wed of Month. First Presbyterian Church, 300 S. Main St. Greensburg

12:00pm

Latrobe Open Discussion Noon/Open Speaker Last Wed of Month Trinity Lutheran Church 331 Weldon St. Latrobe

7:00pm

This is the Way, Study, Methodist Church (enter 2nd floor) 310 Oak St. Irwin

7:30pm

Gbg Wednesday Night Open Discussion Trinity United Church 139 N. Main St. Greensburg

7:30pm

Back to Basics $\mathbf{1}^{\text{st}}$ and $\mathbf{3}^{\text{rd}}$ Wednesday Calvin U.P. Church 311 Mulberry St. Scottdale

Lier Discussion Group Closed Discussion Heritage United Methodist Church 107 Main St.

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Current Live Meeting List as of 9/2021

Thursday

12:00pm

Greensburg Noon Open Discussion/Speaker last Thurs. St. Bruno Church 11707 S. Poplar St. Greensburg

7:30pm

Latrobe Thurs Night Big Book Study Closed Discussion Trinity Lutheran Church 331 Weldon St. Latrobe

7:30pm

KISS Women's Meeting Open Discussion YWCA 424 N. Main St. Greensburg

7:30pm

Irwin Back to Basics Big Book Discussion 1st Presbyterian Church 617 Main St. Irwin

7:30pm

Scottdale New and Old Timers Open Discussion/Open Speaker 3rd Thurs of Month Calvin United Church 311 Mulberry St. Scottdale

8:00pm

Hope in Sobriety Open Discussion Christ United Church 100 Lincoln Ave, Youngwood

<u>Friday</u>

6:00pm

This is H.O.W. Open Discussion 12&12 Study Group Brushcreek Evangelical Lutheran Church 177 Brush Creek Rd. Irwin

8:00pm

Acme Donegal Friday Night Open Discussion Acme United Methodist Church 3016 Rt 31, Acme

8:00pm

Jeanette Friday Night Chairs Choice First Presbyterian Church, 4th and Bullitt Ave, Jeanette

8:00pm

Ligonier Friday Night Open Discussion Heritage United Methodist 107 Main St. Ligonier

Saturday

10:30am

Twin Lakes Group Open Discussion Red Barn at Donahue Center, 216 Donahue Road, Greensburg

7:00pm

Rector Sat Night Open Discussion/Open Speaker last Sat of Month St. Michael's of the Valley 2533 Rt 381 Rector

7:30pm

Saturday Night Sober Open Discussion Sage's Army 6044 Lincoln Highway, Suite 400, Greensburg

8:00pm

Lincoln Highway Group Open Discussion/Beginner Circleville United Methodist Church 11600 Fairway Dr. North Huntington

Meetings are subject to change.