



THE 23 INFORMER

May 2016- Issue #218

PA AREA 60, District 23

P.O. Box 1698 Greensburg, PA 15601

DISTRICT 23 SERVICE CONTACTS

- DCM – Margie S.....dcm@aa-swestpa-dist23.org
- Alt. DCM – Steve B.....altdcm@aa-swestpa-dist23.org
- Secretary – Tim G.....sec@aa-swestpa-dist23.org
- Treasurer – Cliff F.....treas@aa-swestpa-dist23.org
- Grapevine Rep – Stacy B.....grape@aa-swestpa-dist23.org
- Archivist – Ralph D.....arch@aa-swestpa-dist23.org
- H & I Coordinator – Steve B.....h_i@aa-swestpa-dist23.org
- Webmaster – Colleen Z.....webmaster@aa-swestpa-dist23.org
- Literature – Andrew H.....lit@aa-swestpa-dist23.org
- Special Needs ..Deb H.....needs@aa-swestpadist23.org
- Bridging the Gap – John H.....bridg@aa-swestpa-dist23.org
- Public Info/CPC.....picpc@aa-swestpa-dist23.org
- Answering Svc –Rob P.....answer@aa-swestpa-dist23.org
- 23 Informer–Monica C –.....editor@aa-swestpa-dist23.org

Toll-Free 24-Hour Hotline: 866-851-8459

COMMITTEE REPORTS

ALT. DCM REPORT

Dear AA Friends,

I wanted to touch base about the Safety & Respect Meeting. I have copies of the overview of the seminar. Please take back to your respective home groups and I suggest a discussion in your group conscience. This is a matter we need to pay attention to.

Also, if anyone is interested, we have a lot of alternate positions opening for district service. Again, please discuss with home group and group conscience. We need people to step up, we have various positions coming up for rotation in November..

If you have any questions or concerns about our District and the room of AA, please feel free to contact me . My contact information is on the front page of the newsletter.

Thanks for all your kind support

Love and Service

Steve B

P.S. Tradition 2 states: For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

P.S. Tradition 4 states: Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

H & I REPORT

Dear AA Friends,

The H&I Committee can always use volunteers. We are looking for volunteers for the following:

Westmoreland County Juvenile Detention Center - Service would one Sunday a month

Coordinate Members - We are looking for the following to do service in H&I

Torrance

Alternate Coordinate Members - We are looking for the following to do service in H&I

Bridging the Gap

Westmoreland Juvenile detention center

H & I Pink Can Treasurer

H & I Treasurer

Secretary

If you are interested in volunteering at any of our various meetings. Please contact me or any other H&I Committee member.

H & I Old-Timers Spaghetti Dinner coming May 7th at St Michael's Church. See attached Flyer

Finally, our H&I meeting are open to all that want to attend. We only ask that anyone with less than 6 months Sobriety cannot participate in the conversations of the meetings. If you feel like you need to discuss something, you can see one of the committee members after the meeting.

Our next meeting is **May 14th, at Christ United Church**
100 Lincoln Avenue, Youngwood at 10:30 AM

If you have an questions, please feel to contact me.

Thanks for all your continued support of H&I

Steve B

YOUR PAGE....

Do you have a story or an experience that you would like to share? We would love to read it. Send it to the editor. It may be anonymous....if you wish.

~~THRU IT ALL~~

THRU ALL THE TIMES THAT I FELT FEAR
BECAUSE OF THE THINGS IVE DONE
I NEVER DARED TO CALL YOU NEAR
FOR "MY OWN WILL" HAD BEGUN
THRU ALL THE TIMES I LEFT YOU BE
WHEN I MOST NEEDED YOU
I ALWAYS FAILED TO TRULY SEE
YOUR STRENGTH THAT HELPED ME THRU
THRU ALL THE TIMES I CHOSE TO LIVE
ANOTHER DAY IN SORROW
WHILE ASKING YOU TO ALWAYS GIVE
A BETTER DAY TOMORROW
THRU ALL THE TIMES I FELT DESPAIR
I NEVER THOUGHT I'D SEE
THE FACT THAT YOU'RE ALWAYS THERE
REACHING OUT TO ME
THRU ALL THE TIMES I HAVE TODAY
WITH ALL THAT IS MINE TO GIVE
I THANK YOU GOD BECAUSE I MAY
HAVE ANOTHER DAY TO LIVE
THRU ALL THE TIMES TO COME MY WAY
I KNOW THAT YOU'LL BE THERE
EVERY MOMENT OF EVERY DAY
WATCHING OVER ME WITH CARE

THRU IT ALL!!!!!!!
(NO LONGER ALONE)

Ken E., Friday night Jeannette Group



District 23 info

IMPORTANT ADDRESSES For Home groups mailing contributions:

District 23

PO Box 1698

Greensburg, PA 15601

For contributions to the district, please make checks payable to District 23 and put the group name on check.

Area 60 Treasurer

PO Box 266,

Monroeville, PA 15146.

(Make check payable to "Area 60 Treasurer.")

General Service Office (GSO)

P.O. Box 459

New York, NY 10163

(Make check payable to "AA World Services, Inc.")

District 23 Answering Svc

PO Box 1698

Greensburg, PA 15601

Please make checks payable to Answering Svc and put your group name on check



The following is an excerpt out of the AA Pamphlet, "Many Paths to Spirituality."

(If you haven't read one yet...pick it up at a meeting.)

A source of power

Spiritual experience in A.A. is broad and varied, and for those members who struggle with spiritual concepts, ongoing sobriety often brings the realization that – in some remarkable and unforeseen way – they have indeed experienced a spiritual change.

"When I was a newcomer, I could not understand the concepts of spirituality or faith. I had no God of my understanding. I battled to understand what spirituality meant.

"In reading Appendix II in the Big Book, Alcoholics Anonymous, I have come to understand the profound changes that come from spirituality. The appendix says, 'With few exceptions our members find that they have tapped an unsuspected inner resource which they presently identify with their own conception of a Power greater than themselves. Most of us think this awareness ... is the essence of spiritual experience. '

"The appendix continues: 'We find that no one need have difficulty with the spirituality of the pro-gram. Willingness, honesty and open-mindedness are the essentials of recovery. But these are indispensable.'"

Some refer to a "spiritual awakening," a phrase found in the Twelfth Step and throughout A.A. literature. In Twelve Steps and Twelve Traditions (page 106), Bill W. writes about spiritual awakenings:

"Maybe there are as many definitions of spiritual awakening as there are people who have had them. But certainly each genuine one has something in common with all the others ... When a man or a woman has a spiritual awakening, the most important meaning of it is that he has now become able to do, feel, and believe that which he could not do before on his unaided strength and resources alone. He has been granted a gift which amounts to a new state of consciousness and being. He has been set on a path which tells him he is really going somewhere, that life is not a dead end, not something to be endured or mastered. In a very real sense he has been transformed, because he has laid hold of a source of strength which, in one way or another, he had hitherto denied himself."

"Using the inner resource I have discovered in A.A. as a higher power, I have been able to do the Steps just as they are written in the Big Book. I pray to this inner resource and ask to know what it would have me do and to give me the strength to do it. I carry this message to others. It works! I am experiencing a spiritual awakening and I feel all the promises coming true. I feel better inside than I have in years.

"I am now sponsoring several men and it is a wonderful feeling to see another alcoholic get sober. I am proof that it is possible to be an atheist on matters of the supernatural but still have a spiritual awakening and reap the rewards of the A.A. program of recovery."

TO ALL HOME GROUPS:

If you wish to see your group's anniversary or other special event listed, please submit to the Editor no later than the first Monday of the month to have it appear in that month's Informer. My contact info is on the front of the newsletter.

(editor@aa-swestpa-dist23.org)

Also, if your group has any changes, please contact the Editor, and it will be listed in the Informer.